

2026 Jr. Hornet Cheer Season

Contact & Rules Contract

Dress Code

All cheer athletes must arrive in the required practice gear to participate.

Cheer Practice Apparel (Day-Specific):

- **Monday: White**(*Parents Provide white-shirts*)
- **Tuesday: Tie-Dye**
- **Wednesday: Pink**
- **Thursday: Black & Gold**

Additional Dress Code Requirements

- **Athletes must wear black shorts to every practice**(*parents provide black shorts*)
- **Athletic Shoes that tie** (*no vans or converse*)
- **Athletes must have their hair tied up for every practice**
 - **Hair must be secured and out of the face at all times**

Cheer Clothing NOT Accepted:

- **✗ No spandex**
- **✗ No short shorts-** should not be able to see butt cheeks

Cool Weather Cheer Exceptions:

- **Black leggings**

- **Sweatshirts with no hoods and no pockets**

Failure to follow the dress code will result in an athlete sitting out of practice until a parent brings the proper attire or if the offense is justified a parent pickup may be needed. Offenses due to dress code violations will follow the Tardy Discipline section of this contract.

Uniform Return Policy

This season, we will be enforcing a uniform return policy.

- **Athletes may keep their bloomers**
- **The following uniform items must be returned at the end of the season:**
 - **Shell**
 - **Skirt**
 - **Body liner**

Any uniform items returned with damage beyond normal wear and tear will result in a \$75 damage fee, payable by the parent/guardian.

Failure to return required uniform pieces may result in additional charges and/or affect eligibility for future participation in the program.

Backpack Policy

Each cheer athlete will receive one Enterprise Junior Hornets backpack during their time in the program.

- **Backpacks will be embroidered with the athlete's name**
- **Each athlete will receive one backpack total, not one per season or per year**

- **Athletes will not receive a new backpack every season**

If a backpack needs to be replaced in future seasons due to loss, damage, or personal preference, the replacement must be purchased by the parent/guardian at the current replacement cost.

This policy allows the program to maintain consistency while managing program costs responsibly.

Attendance Policy (Strictly Enforced)

To ensure athlete safety, proper conditioning, and team success, a strict attendance policy will be enforced throughout the cheer season. Consistent attendance is required to safely perform stunts, routines, and sideline responsibilities.

Absence Communication:

- **All absences must be communicated to coaches at least 2 hours before practice**
- **Failure to notify will result in an Unexcused Absence**

Unexcused Absence Consequences:

- **Two unexcused absences in one week will result in the cheerleader missing two quarters of sideline cheering and not being able to perform in halftime.**
- **Nine unexcused absences during the season will result in the cheerleader being ineligible to participate in competitions or championship events**

Practice Requirement:

- **Missing all practices in one week will result in the cheerleader not performing at the following game or event due to safety and conditioning concerns. The cheerleader must still attend in full uniform to support the team**

Missed Game / Event Policy:

- **All game or event absences must be communicated 48 hours in advance (by Thursday practice)**

- Failure to notify may result in routine, stunt, or position changes
 - Two missed games or events may result in removal from the team
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Excused Absences

- School functions that will affect grade
 - Family emergencies
 - Illness (doctor's note may be required to return)
 - Religious commitments (must notify coaches in advance)
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Tardy Discipline

- 1–10 minutes late: 10 V-ups
 - 11–20 minutes late: 25 V-ups
 - 20+ minutes late: Counts as an Unexcused Absence
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Coach Expectations

- Be on time for all practices and events
- Treat athletes with respect and foster a positive environment
- Prioritize athlete safety at all times
- Address concerns promptly without disrupting team progress
- Come prepared daily to teach and implement team objectives

- **Maintain structured and productive practices**
- **Uphold the same standards expected of athletes**
- **Demonstrate preparedness and knowledge through training**
- **Create a structured, fundamental, and competitive environment**

Failure to follow these expectations may result in suspension or revocation of coaching privileges, including badge removal.

Athlete Expectations

- **Treat teammates, coaches, and staff with respect**
- **Arrive prepared and ready to learn**
- **Give full effort physically and mentally**
- **Work together as one team, not individuals**
- **Maintain a positive and constructive attitude**
- **Maintain acceptable school grades**
- **Represent the association positively within the community**

Failure to follow these expectations may result in suspension or removal from the team.

Parent / Guardian Expectations & Communication Chain

Respectful and effective communication is essential to a successful season. All concerns must follow the communication chain below:

1. **Head Coach**
2. **Cheer Coordinator-Kristina Perales**

3. Vice President-Scott Tipp

4. President (only if the issue remains unresolved)-Trevor Duggan

Additional expectations:

- **Communicate concerns directly and privately, either in person or via GroupMe private message**
- **Ensure athletes arrive 10 minutes early for practices and 90 minutes before games/events**
- **Encourage athletes to address concerns with coaches first**
- **Do not use the GroupMe team chat to express anger, frustration, or negative commentary regarding coaches, athletes, or the association**

Failure to follow the communication process may delay or prevent resolution.

Our Motto

GOOD • BETTER • BEST

Never let it rest until the good gets better and the better gets best.

Enterprise Junior Hornets

We, not me — AAAAHHHH

It will take Coaches, Athletes, and Parents working together to make this cheer season successful. Communication, accountability, and commitment will be the foundation that gets us there.

Acknowledgment & Agreement

By signing below, the coach, athlete and parent/guardian acknowledge that they have read, understand, and agree to abide by all rules, policies, expectations, and procedures outlined in this Cheer Contract.

Both parties understand that failure to comply with any portion of this contract may result in loss of privileges, reduced participation, ineligibility for events or competitions, suspension, or removal from the program at the discretion of the association.

_____ **Athlete Name**

_____ **Athlete Signature/Date**

_____ **Parent Signature/Date**

_____ **Coach Signature/Date**